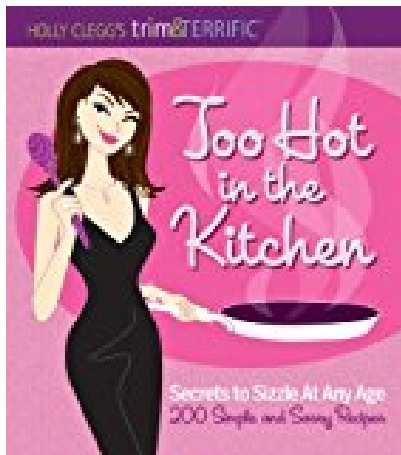


Holly Cleggs trim&TERRIFIC Too Hot in the Kitchen Secrets to Sizzle at Any Age - 200 Simple and Sassy Recipes



BOOK DETAILS

- Author : Holly Clegg
- Pages : 240 Pages
- Publisher : Holly Clegg
- Language : English
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BOOK SYNOPSIS

The noted chef and author of the Trim & Terrific cookbook series presents an all new compilation of more than five hundred quick, easy, and healthful recipes for every meal of the day, along with suggested menus, pantry tips, complete nutritional breakdowns, diabetic exchanges, practical advice on cooking light, suggestions for substitutions, and culinary shortcuts. 50,000 first printing.

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