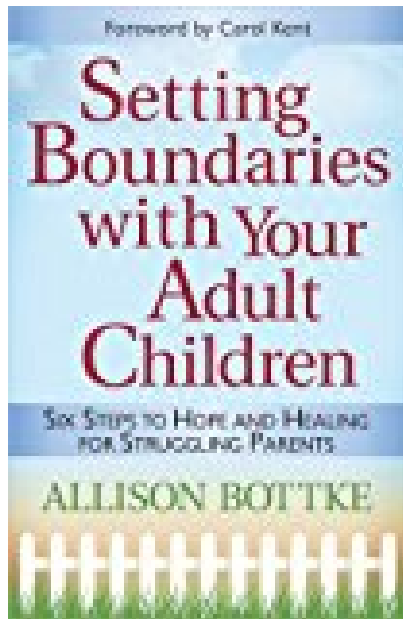


# Setting Boundaries® with Your Adult Children Six Steps to Hope and Healing for Struggling Parents

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## BOOK DETAILS

- Author : Allison Bottke
- Pages : 224 Pages
- Publisher : Harvest House Publishers
- Language : English
- ISBN : 0736921354



## BOOK SYNOPSIS

This important and compassionate new book from the creator of the successful God Allows U-Turns series will help parents and grandparents of the many adult children who continue to make life painful for their loved ones. Writing from firsthand experience, Allison identifies the lies that kept her, and ultimately her son in bondage--and how she overcame them. Additional real life stories from other parents are woven through the text. A tough-love book to help readers cope with dysfunctional adult children, "Setting Boundaries with Your Adult Children" will empower families by offering hope and healing through S.A.N.I.T.Y.--a six-step program to help parents regain control in their homes and in their lives. S = STOP Enabling, STOP Blaming Yourself, and STOP the Flow of Money A = Assemble a Support Group N = Nip Excuses in the Bud I = Implement Rules/Boundaries T = Trust Your Instincts Y = Yield Everything to God Foreword by Carol Kent ("When I Lay My Isaac Down")

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