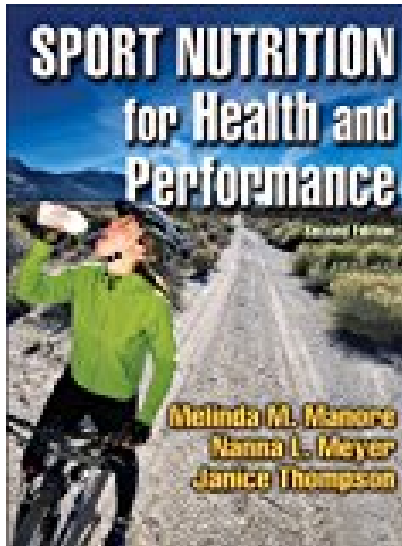


Sport Nutrition for Health and Performance - 2nd Edition



BOOK DETAILS

- Author : Melinda Manore
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- Publisher : Human Kinetics
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BOOK SYNOPSIS

The authors sort fact from fiction to help students and practitioners of sports nutrition present sound advice to athletes on correct nutrition and dietary requirements.

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